# ANNUAL REPORT 2019-2020

### A YEAR OF ACCOMPLISHMENTS

RURAL LITERACY & HEALTH PROGRAMME (RLHP)



## **RURAL LITERACY AND HEALTH PROGRAMME (RLHP)**

Best wishes

**RLHP** is committed to :

- Building sustainable communities in urban & rural areas
- \* Child Centerd Integrated Community Development
- \* Child Rights and Child Development in slums and rural areas
- \* Library Programmes for Govt. Schools
- \* Sponsorship programme for children in slums
- \* Child Help Line 1098
- \* Rehabilitation of street boy and girl children
- \* Campaigning Against Child Labour at Regional, State & National Levels
- \* Promoting the Empowerment and Development of Slum & Rural Women
- \* Empowerment of Youth through HRD and Livelihood Skill Training
- \* Empowering Community Based Health Action
- Community based sanitation and decentralized waste water treatment system (CBS- DEWATS)
- \* Drinking water project in slums & villages
- \* Natural resource management
- \* Natural disaster management livelihood restoration care
- **\*** Working for backward region community
- \* Networking and Advocacy



## FOREWORD

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- **B. WOMEN EMPOWERMENT**
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## FOREWORD

I am delighted to present this report for the year ended 31 March 2020 to the 36th Annual General Meeting of the society for Rural Literacy and Health programme (RLHP). Since children's development is the core component of RLHP's interventions the annual report extensively deals with the implementation of children oriented projects. It also recapitulates the story of people's transformation that was achieved through well planned and sharply focused programs and activities on community based health actions, development and empowerment of rural women by introducing digital technologies, youth empowerment, community based sanitation, interventions to ensure education of children and economic sustainability of people affected by migration.

As we all know the reporting year ended with the frightening situation of Covid 19 pandemic throwing up challenges to the survival of humanity. When the country has come to a standstill due to lockdown RLHP had to reschedule programmes and redesign its activities. Plans were afoot to raise funds for emergency response to Covid 19 like supplying food provision kits, sanitary items and socio- psychological support to children.

We take this opportunity to express our sincere gratitude for the immense support extended by our funding partners- Child line India Foundation, Wipro Cares, Kluber Lubrications Private limited, We World-GVC, EDGH-Luxemburg, TDH (G), TDH-Foundation, Charities Advisory Trust, Anber Foundation-Le Maillon, , Mission Inde, Voice foundation- and other individual donors and well wishers. We look forward to their continued patronage as we humbly accept the fact that whatever we have achieved is due to the trust they have reposed on RLHP

Thanks to all- members of the Annual General Body and Governing Board, Staffs, volunteers, consultants, doctors, trainers and officials of various government departments who have been sharing our vision.

We pay tribute to the memory of Dr. Christa Manjrekar who had a long time association with RLHP starting from the year 1990, had held the post of Chair person of the Board from 1995 to 2014 and continued to support until her demise on 20 November 2019.

> Prof. Jose V.K, Secretary, RLHP, Mysuru

## INTRODUCTION

"RLHP" as an organization was initiated with the aim of creating a child friendly environment in the family, community & schools, focusing on eradication of child labour, eliminating child abuses, promoting quality education, encouraging child participation and protection of environment with contribution from the community towards achieving Sustainable Development Goals (SDG) through multi-pronged intervention. The evolution and growth of RLHP's journey has passed through different phases of initial work, extension, consolidation, and role transformation. RLHP is presently working in 8 districts of South and North Karnataka state, covering more than 2, 65,000 people. Human focused, child centered and an integrated community development approach is the hallmark of the organization.

In this current year, 2019-2020, RLHP's interventions are in various spheres such as holistic development of children, women empowerment, youth development, health and sanitation, community development through strengthening the SDMC, VHSNC, child protection committees, women's federations, and self-help groups (SHGs), continued humanitarian assistance in the flood affected areas of Nanjnagud, Karnataka and Kerala and emergency response to COVID 19.

## A. CHILD DEVELOPMENT a) CHILD RIGHT GROUPS AND FEDERATIONS

Aiming at the total development of the marginalized children from deprived sections, the prime focus was laid on improving the quality of education of children. As of now, 86 child rights groups in slums and villages are functioning effectively. Regular meetings are conducted to prevent child labour, child marriage, abuses and for improving the quality of education. Encouraging children's meaningful participation and providing training on leadership are part of RLHP's intervention strategies. Children are trained and capacitated on POCSO (Protection of Children from Sexual Offences) Act, Juvenile Justice Act, Right to Education Act (RTE), gender, protection of environment, civic sense and life skills. Along with the training program and workshops, RLHP organized drawing and photo campaign for more than 1000 children of 12 Government Schools. Also extended more importance to children's clubs such as Vidhyodaya and Gnanodhaya, children's federations, children's participation at various levels of governance at home,

school and local community.

As an impact of these interventions, 195 child laborers and school dropouts were enrolled back to schools through child right groups and community members, 12 child marriages were stopped in the village and slums, nine Makkala Gram Sabhas were organized by Panchayat, children had raised the issues and problems in front of the Government officials and Panchayat, following which the gramasabhas, panchayths have taken initiative to restore the drinking water problems, sanitation facilities, school buildings and compound wall repairs and solid waste management in the community.



#### **b) SUMMER CAMPS**

Summer camps were conducted in all the intervention areas of RLHP. More than 2000 children from 35 slums and 26 villages got benefitted with these camps. The goal of the summer camps was to extend a platform for the children to exhibit their talents and polish their skills through different extra-curricular activities such as drawing, painting, collage making, storytelling role play, kitchen gardening, activity oriented games etc.



#### c) CHILDREN'S PLATFORM

During this reporting year, RLHP has conducted three children platforms (Children Mock parliament, Children's convention and Children Mela) to provide a platform for children to express their views and problems which they have faced in schools and communities before government officials and community representatives and submitted memoranda to the concerned officials. More than 5000 children participated and fruitfully utilized the opportunity. As an Impact of the programmes, four school's toilets were repaired at Gandhinager, Kesere, M.C. Hundi and Kyathamarnahalli. School compound walls were rebuilt at Inamuttanhalli School and Chatnahalli village. Three new teachers were appointed in N.H.Palya, Srirampura and Meder's block government schools.



#### d) CHILDLINE 1098

RLHP successfully surpass 10 years as a collaborative organization of Childline India Foundation at Mysuru district with the support of Women and Child Welfare Ministry .Childline is functioning 24/7 of 365 days for extending safe and secure environment for children who are in crisis. Along with this, on behalf of Childline, RLHP organized different programmes such as mass awareness, open house, outreach programmes, street play, International Child Helpline day, Childline Se Dosti week with collaboration of allied systems etc. More than 64, 794 community people have become directly aware on Child Rights, POCSO Act, Child Abuse, Corporal Punishment and RTE Act.



#### Intervention calls statistics

| Sl.No. | Intervention Categories       | Total calls |
|--------|-------------------------------|-------------|
| 1      | Medical                       | 49          |
| 2      | Shelter                       | 51          |
| 3      | Child Marriage                | 129         |
| 4      | Child Labour                  | 94          |
| 5      | Child Trafficking             | 8           |
| 6      | Child Sexual Abuse            | 16          |
| 7      | Corporal punishment           | 72          |
| 8      | Physical Abuse                | 82          |
| 9      | Emotional Abuse               | 15          |
| 10     | Child found begging           | 146         |
| 11     | Abandoned Child               | 1           |
| 12     | Other PFA cases               | 9           |
| 13     | ES&G                          | 285         |
| 14     | School Dropouts               | 73          |
| 15     | Sponsorship                   | 47          |
| 17     | Child lost                    | 121         |
| 18     | Missing (Parents asking help) | 42          |
|        | TOTAL                         | 1240        |

Bhairavi, a 9-year old girl child, resides in Ashokapuram, Mysore with her great grandmother. Her father is suffering from Paralysis stroke, and mother left the child 4 years back and therefore, the child is staying with her great grandmother. The child is studying in 3rd standard. On 5th February 2020, at around 6.25 PM, RLHP received a message that a girl child needs shelter facility as the girl is orphan. As per the information, CHILDLINE intervened the case and rescued the girl with the support of concerned officials and police and admitted her to KR Hospital Sakhi One Staff Centre. While doing the counseling the child reported that she has been sexually assaulted by four strangers. Police have taken action against the report and arrested three of the culprits and presented before court. Now, the child is staying in the government shelter homes

#### e) WORLD ANTI- CHILD LABOUR DAY

- RLHP organized the Anti-child labour day on 25th June 2019 at Farooqia Pre University College, Mysuru. 450 members including DLSA, DCPU, DDWCD, CWC, SJPU, Labour department officers, all the Directors of CHILDLINE - 1098, college students and other NGO members attended the programme. A public jaatha was also organized to generate awareness among the public on child labour and child rights.
- RLHP also organized Anti- Child Labour Day celebration for children on the streets of Mysore. More than 150 child labourers and street children participated and enjoyed the sessions with drawing, painting and games. All the participants were



#### f) SUPPLEMENTARY EDUCATION FOR CHILDREN (SEC)



The goal of this initiative was to improve the quality of education of children, to sustain children's interest in education and to prevent dropouts and child labour. RLHP has initiated 25 Supplementary Education Centers in slums and villages. More than 1400 children are benefiting from the centers by enhancing their academic development. Through the SECs, children are motivated and guided to choose their career wisely. The impact of the SECs are evident in children's performance in the previous year's SSLC examination.

- Conducted Health & Education programme in a tent school at Shahinagar slum, Mysuru. 30 child labourers and school dropouts who migrated from different states got benefited with the initiative. Out of the 30, 19 child labourers were enrolled back to the formal government schools.
- C3 Supported more than 1500 Government school children with educational materials including books, pens, pencils, bags, uniforms, LCD computers and projectors and drinking water facility was restored at KN Pura and Ningarajakatte schools.



#### g) SCHOOL ENROLLMENT CAMPAIGN

RLHP initiated a School enrollment campaign in slums and villages in collaboration with the government school authorities and government departments. As an impact of the initiative, around 700 children from the slums have been enrolled to government schools and 200 irregular and dropout children were enrolled back to schools and continuing the schooling



#### h) MAKKALA GRAMASABHA

Makkala gramasabhas aimed at the meaningful and active participation of children at community and school levels. During this reporting year, RLHP has organized 12 children Gramasabhas in Mysore and Chamrajanagar districts in collaboration with grampanchayths. Government officials responded well to the children's issues and as an impact, the panchayath initiated solid waste management at Ambedkarnagar, drainage was cleaned and street lights got repaired at Bharathnagar, School compound wall was constructed at Bogadi and Drinking water facilities installed at 2 schools in Gundlpete villages.



#### i) LIBRARY PROGRAMME (READING FOR TRANSFORMATION)



RLHP has the intention to improve the reading habit of children to encourage acquiring more knowledge from the books. Most of the schools does not have enough resources to support their students reading habit progress. Therefore, RLHP initiated 12 more government school libraries during the reporting period by providing books and other required materials to develop school libraries. Apart from this, RLHP initiated 19 street library programme in communities where children from the villages and slums can access the library every time. Presently more than 16000 children from the communities are utilizing the facility to develop their reading habits as well as to support their academic performance. Around 112 School libraries are functioning in 3 districts (Mysuru, Mandya and Chamarajanaga) with the support of RLHP

#### j) DEVELOPMENT THROUGH EDUCATION ENHANCEMENT

To promote quality education for children from the slum schools of Mysore and focused on the promotion of right to education & development through literacy enhancement, Various activities such as child assessment, Parent-Teacher Meetings (PTM), Individual Education Programs (IEP) activities and collaborative involvement of SDMC and community



representatives were initiated. During the report year, RLHP conducted two child assessment programme for 1001 children who belong to 2-5 standards. Also, regular support for the children on health and hygiene, life skill, personal development and studies through IEP activities, follow up of SDMC and SDP meetings, parents and teachers meetings and school and home visits were continued as a part of SDG. Two PTMs (24 meetings in 12 schools) and one SDP (12 in total) with the active collaboration of parents and community members were held in the report year. All the 12 schools developed integrated SDP with regard to classroom infrastructure and ambience. Role of HM, role of community, Curricular development to enhance quality of education for children's learning). A progress review of impact of activities once in three months reflected positive involvement and responsibility of SDMC members through their leadership in monitoring school development activities, mobilizing resources etc. SDMC started taking initiatives to organize PTMs to ensure quality education to children in addition to pursuing other developmental activities

Muskan, a 10 year-old girl child lives in Gowsiyanagar Slum, Mysuru. She is studying in 5th standard. Her father works in a scrap factory at Bangalore and she lives at Mysore with her step mother and brother. Her step mother forced her for the household works and did not take care of the child's health and education. She was suffering from some skin diseases and eventually the skin wounds spread all over her body. Yet, her parents neglected the condition and did not take her to hospital for treatment. Muskan quit her studies due to the severity of her skin problem. RLHP staff came to know the situation of the child and immediately took the child to hospital and provided timely medical care. Along with the treatment, the RLHP staff motivated her step mother to support the child for her studies as well as to take care of her health. Now the child is completely cured from her illness and actively attending school with the support of her family

Muskan, 5th std – KN Pura Govt. School

#### k) STATE LEVEL SEMINAR ON THE IMPORTANCE OF SDP & SDMC



Providing quality education for the children from government schools is one of the dream goals of RLHP. Considering the importance of the involvement of parents and teachers in the holistic development of children RLHP organized PTM meetings and SDMCs in school level and capacitated the participants with child rights, importance of education, RTE act etc. As part of the capacity building programmes, RLHP organized a state level seminar in the month of February 2020 at Bangalore on the "importance of SDP and SDMCs with an intention to enhance other schools and government authorities to replicate the SDMC and PTM model in other government schools across the state. A press meet prior to the event was also organized by RLHP with the intention to generate a brief awareness among the public about the event and the need for SDP and SDMC for quality education. The participation of SDMC members, teachers and government authorities from more than 27 districts made a great impact to t spread of importance of SDP and PTM.

Invited dignitaries from different fields of the society like Mr. Anthony Sebastian, chairperson, KSCPCR, Bangalore, Mr. Maruthi, Director of DSERT Karnataka Mr.Parasuram, member of KSCPCR, Bangalore, Dr. Niranjan Aradhya, Educationist, Center of Child Law and NLSU, Bangalore, Mr. Koshy Mathew, President RLHP, Mrs. Paola Benevento, Country Representative, We World and Mrs. Saraswathi, Director, RLHP attended the state level event. Participants were impressed with the successful initiation of the model in the 12 government schools and they ensured their support in replicating the same in their schools. Moreover, the strong collaboration with the state level network of SDMC led for hassle free path for adaption of these models across the state. On this occasion, RLHP released Handbook on Parent-Teacher-Meeting which aimed at supporting the parents and teachers for the child development.

#### I) CHILDREN IN DIFFICULT CIRCUMSTANCES OUTREACH PROGRAMME FOR STREET CHILDREN



As RLHP is committed towards eradicating the child labour and exploitation of children, the interventions commenced from the streets. To identify the children who are in crisis or losing their childhood on streets RLHP staff regularly visit different sensitive public places like Railway station, Town Hall, Mysore Palace and other Tourists spots to find children in need of care. With timely care and support, the staff made the children comfortable and stress free through different activities and games as part of the outreach activity. During the reporting period, four outreach programmes were conducted in different places that covered more than 200 children. Also supported them by providing hygiene kits and extended awareness on the importance of education and health. Also, seven children were admitted to the shelter homes through the Child welfare committee.



Madhu Kumar was moved to the house of his grandmother and aunt followed by the demise of his parents. His aunt and uncle used to beat him for no reason and forced him to do the household errands. Followed by the assaults, his grandmother took him to Ashakirana and admitted him there with other boys. He was physically weak when he joined the shelter home, but eventually he became healthy and started mingling with the inmates easily. RLHP staffs admitted him to the nearby school in 3rd standard. Along with the studies, he started participating in many other training programmes such as, life skills, personality development, health and hygiene, child rights, organic agriculture, RTE etc. He was not interested in academic learning process and showed some difficulties in reading and writing. , However, motivation by the RLHP staff and guidance on a regular basis brought many changes in the child. In 2016 he passed SSLC examination with good marks and joined PUC and followed by a three year general nursing course at Chennarayapattana. He is aspiring to complete the course by next year to join a reputed hospital soon to give service to the mankind.

Madhu Kumar, Ashakirana

#### m) REHABILITATION HOME FOR CHILDREN

Ashakirana and Ashabhavana continue to be homes of hope and new life for the street children, who were denied of their childhood, shelter, food and education, and were exploited. The two shelter homes Ashabhavana (for girl children) and Ashakirana (for boys) providing a homely atmospheres and space for the children to develop themselves with education healthcare assistances, shelter, food and security.

C3 Presently, 56 Children have benefited from both the shelter homes



- 9 children have been reunited with their parents, guardians and other children's institutions through CWC.
- Different training programmes, workshops, summer camps, life skill development programmes and vocational training support was also provided for the holistic development of the children.
- C3 Eight health check-up camps and Health awareness programmes were conducted in both the shelter homes.
- C3 12 children are pursuing higher education and professional courses like Diploma in nursing, Degree, Lab technician course, etc.



Ms. Lakshmi joined Asha Bhavan when she was five year-old. RLHP team found the child along with her elder sister in the street. Both of them were in need of support for their living. Both the children were found in extreme distress with very poor personal hygiene. RLHP admitted the child into Ashabhayana where she found many friends. In a very short time Lakshmi adapted to the situation and commenced a new life. She joined 1st standard in a nearby school. She was a studious student who passed her SSLC examination with good percentage. Along with her academic development, she has also taken additional training on child rights, personal health and hygiene, kitchen gardening etc. and she is an enthusiastic and regular participant in all the summer camps. She has participated in many school level activities and gave training to many students on child rights and kitchen gardening. Presently, she joined in St. Mary's Hospital, Mysore as general nurse followed by her studies at the same hospital.

- Lakshmi, Ashabhavana

Ms. Mahalakshmi daughter of Mrs. Shivamma and Mr.Chinnashetty resides in Annurkeri along with her parents and grandparents. Her family migrates to Kerala in every season in search of better employment opportunities. She has been taken care by her grandparents while her parents migrates. Gradually she left her studies due to the lack of care and support from her parents.

RLHP staffs found the child from the school dropout list and tried to convince her and the family to continue the education. The efforts of the staffs and the CPC committee met its goal and the child rejoined school and attended the annual examination in March 2019. She started attending RLHP's activity class and engaged herself in different activities and in learning process. Teachers also started giving more care to the child especially her parents are away.

#### n) ENSURING CHILD RIGHTS FOR CHILDREN OF MIGRANT FAMILIES



RLHP's intervention with the migrant families aimed at addressing the well-being of the children by creating a lasting network system with the local community and government to eradicate poverty and a sustainable solution for the lives of the children from migrant families. 2400 children from the migrant families of six villages were the prime target group for the intervention.

The premier focus of the project was monitoring the 331 migrant and 33 left behind children during the time

of seasonal migration (November - March). These children were supported with special care and protection through regular home visits by the RLHP staff. The children were also monitored through different community groups such as Child Protection Committee (CPC), women and youth groups, panchayth members, government school and anganwadi teachers, activity teachers of RLHP etc. With the intention of protecting these migrant families and children, RLHP capacitated these groups with plethora of training programmes, workshops, seminars, public meeting on JJ act, RTE, leadership trainings, life skill etc. As an impact of these trainings, 12 drop out children were enrolled back to school, Children started continuing the school after long holidays, 137 Children participated in gramasabha and started seeking the government support for their constraints.

Also, RLHP developed a tracking mechanism to track the economic and social condition of the migrating families during the time of migration. The old 331 children and 128 newly migrated children's status was tracked through the tracking mechanism. The



collaborative involvement of panchayath, community representatives and CPC members helped to identify the problems faced by the families. Gramapanchayths started registering the migration details of each families and providing necessary supportive measures such as MGNREGA schemes in their source villages.

RLHP intends to provide education for the children from migrant families who miss out on their studies during the time of migration. In collaboration with the education department of Kerala and Karnataka RLHP has taken initiative to commence a temporary school for the migrant children both at their own village and migrating destination areas. People's migration from the Gundulepte taluk is very prevalent from the past 40 years and for the first time in the history, the government has started addressing the issues of migrants. Moreover, parents of the migrant children started giving more care and support for their education.

As an impact of these programmes, children are getting scholarships, 20 women have received tailoring training with the support of RLHP and Gramapanchayth, 116 senior citizen's pension problem got resolved and received four months pension. 529 families got new job card, 64 families renewed their job card, More than 1200 people worked under MGNREGA in 6 villages.



Ms. Jyothi, daughter of Mrs. Shivamma and Mr. Chikkamada Shetty resides in Kuthnuru village. Her parents stay in Kerala as they work in coffee estates. Jyothi and her younger sister stay at Kuthnurue village along with their grandmother. Later, her parents brought Jyothi and her sister to Kerala because of which both the children missed their schooling. Through the tracking mechanism, RLHP identified these children and approached their parents to send them to the temporary school organized by the RLHP with support of education department in Kerala especially for the migrant children. Initially, Jyothi's parents were not ready to send them away from the estate but later they agreed for their studies at the temporary school. The temporary school was really a boon for the children. They learnt different activities, drawing and paintings along with their academic syllabus. Moreover, the school helped them to engage with the learning process while they stayed away from their formal schooling. Jyothi continued her schooling immediately after returning from Kerala and her parents are also happy with the support and improvements in her studies.

- Jyothi, 7th Standard, Kuthnuru

## **B. WOMEN EMPOWERMENT**

Protecting women from all kinds of exploitations and empowering their life with dignity, respect and equality is one of the prime concern of the existing women groups, DWANI & BELAKU Women federations. During the reporting period, women from the intervention areas got oriented and capacitated on different matters such as violence against women & girl children, women and sustainable agriculture, Women & reproductive health, women & child care, nutritious care, gender, leadership, personality development, legal awareness, POCSO Act, Child marriage, Domestic violence. These capacity building programmes made the women capable for involving in the restoration of marital harmony, prevention of child abuse and child



marriage, reproductive health and enabling women to achieve social and economic empowerment. Presently, 65 women groups are actively participating in the Gram Panchayat, Community meeting, SDMC, and CPC. As a result, these women groups have taken initiative to resolve disputes in 12 families in the slums and villages of Mysuru District and the rural women federation members - BELAKU Rural Women federation actively attend the gram sabha and raise their issues. 210 applications on the construction of toilets were given to the Gram Panchayats, out of which 135 toilets have been constructed in 26 villages and further 58 toilet construction is under progress, 27 mothers got "Madilu Kitu"(It is a unique kit which contains 19 items like linen, mosquito net, consumables and other items which are very useful to the newly delivered poor mother and her infant) facilities from the Health Department. Also 61 mothers had received mothers card and 952 inhabitants from the 20 villages got health card which will encourage the people to access the health facilities. 97 pregnant women received insurance cards. More than 12000 women including adolescent girls, widows and destitute women were oriented through 120 awareness programmes.

#### a) ECONOMIC SUSTAINABILITY



The selfhelp group meetings have provided a forum for collective learning and group support for a c h i e v i n g e c o n o m i c development. More than 4300

women from 286 groups were capacitated on different Income Generation Porgramme trainings conducted in village and slums. And the participants have started involving in different kinds of income generation activities such as Vegetable selling, tender coconut selling, petty shops, cloth stitching and selling, animal husbandry, papad making etc. around 148 women are getting income for their livelihood and have become economically self-reliant.

#### b) LIVELIHOOD OPPORTUNITY FOR RURAL WOMEN

With an intention to uplift the women entrepreneurs from Mysore district, RLHP identified 50 women from rural areas and supported them with a modern printing and scanning HP printers on a subsidized rate. These women have started earning from the printing and scanning service within the community.



## **C. YOUTH DEVELOPEMNT**

Younger generation played a dynamic role in community development activities. RLHP is involving greater number of youths on developmental issues in slums and villages and kept sensitizing the youths on community development, awareness programmes, trainings on Leadership, Gender, Health & Hygiene, Sex education and Community Development. As a



result, youth population is taking initiatives in enrolling children to Schools, protecting environment, involve themselves and organize Shramadhan services in their surroundings. Youth group has started lobbying with the Govt. and obtained MGNREGA Job cards. Also, they started participating in Community Based Organizations activities and generating awareness among the communities on various social relevant matters. Furthermore, 45 youths had received vocational training on computer and tailoring courses and as a result, 13 youths are gainfully employed in various sectors and they are earning and supporting their families.

## **D. PEOPLE'S DEVELOPMENT**

People's participation has a vital role in the development of the community. By enhancing the people to address the rural and urban issues and resolving the same through their own initiatives RLHP paved the path for social, economic and cultural



empowerment. The development and involvement of existing committees like School Development Management Committees (SDMC), Village Health Sanitation Committees (VHSNC), Backward Region Scheme Support Sangha (BRSSS), Child Rights and Monitoring Committee, Child Protection Committees and Mysore Slum Dwellers Federation were aimed at the holistic development of the community. RLHP organized many awareness generation activities, capacity building trainings, workshops on different socially relevant topics. More than 50,000 people from the community are benefited through RLHP's people's development interventions.



Most of the inhabitants of Kuthnuru village are migrating to Kerala every year in search of better employment opportunities and during the offmigration seasons, they depend on agriculture and other daily wage jobs. The villagers were suffering from lack of safe drinking water, sanitation, health care facilities and transportation and lived with very minimal amenities. Grama panchayth members and authorities were not taking any measures for the wellbeing of the villager although there was an increased prevalence in number of child labourers, child marriage and domestic violence. People were unaware of MGNREGA (Mahathma Gandhi National Rural Employment Guarantee Act) and a few people have the MGNREGA card. Since the intervention of RLHP in 2018, the villagers became aware of government schemes and supporting programmes available. As a result, they started identifying their needs and drew the attention of government authorities towards the issue. RLHP's frequent input sessions, trainings, awareness generation programmes, public meetings etc. made a remarkable change in the social living of the inhabitants. People started applying for MGNREGA job cards and started working under MGNREGA from the beginning of 2019. Presently, more than 500 families have comfortable income to lead a povertyfree and decent life

#### a) MASS CONTACT PROGRAMME

Mass contact program is a platform for the common people to interact directly with the Government officials to discuss and find solutions for their issues. Government officials were able to directly understand the issues and situation of the villages and slums in this program. . During the reporting period 11 Mass contact programmes were organized and more than 5000 people participated and raised their concerns and obtained solutions. People with the support of community leaders and panchayath members have submitted memorandum before the authorities. As a result, Anganwadi building was constructed at Ningrajanakatte, solid waste



management, segregation pit was constructed in schools, approval and fund sanction for the toilet construction at Janthasamil, transportation facilities were provided to ChettanalliPalya and Agastyapura village etc. 315 people have received labour cards and 127 people got ration cards through the application mela.

#### E. COMMUNITY BASED HELATH & SANITATION

RLHP continues efforts to uplift community's health &development through programmes to generate Health Awareness for women, children and community, training on personal hygiene, community hygiene, seasonal and communicable diseases, immunization, mental health, reproductive & child Health, Nutritious care, health camps, Adolescent health, through different mediums such as street play, video shows, and flash cards. As a result, more than 30,000 people became aware of importance of health, sanitation and hygiene. During this reporting period, RLHP strengthened the Village Health Sanitation Committees (VHSNC) for the sustainable health development of slums and villages,



linking the community with health care facilities and health departments through different events such as Health Mela, HIV AIDs day, World Breast Feeding day, World Health day, for accessing Govt. schemes etc. As a result, the VHSNC is actively taking part in keeping their surroundings clean to prevent diseases, and also lobbying with the government on accessing the Govt. schemes like toilets, housing, drainage, and drinking Water. 294 community members have received Yashaswini Card, 18 girl children got Bhagyalakshmi Bond, 257 mothers, kishoris, pregnant women were provided with nutritious food from the Anganwadi and 673 children were immunized

#### a) HEALTH CLINICS /CAMPS

As part of the health development of the community, RLHP has organized 456medical camps in the villages and slums. 16,000 community members including women, children and community were directly benefited during the report year. Dr. Anya, Pediatricians, Dr. Reshma, General physician, Dr. Manikarnika, Eye specialists, Dr. Gladys, Gynecologist and Dr. Shakiralli, Dental Surgeon, support the medical camps with their services. These camps helped the community to reach timely health care at their door steps

G 53 typhoid/jaundice/diarrhea, 178 diabetic cases were identified, treated and cured. 43 people were identified with appendix problem and got treated



- cs 224 patients underwent cataract surgery
- C3 28 people were identified with skin problems and received timely attention and medication.
- C3 21 TB patients linked with govt. hospital, 18 of them are cured and 3 are continuing the treatment.
- c3 8 people with Kidney stones linked with Govt.Hospital and underwent the surgery
- C3 RLHP identified 229 children with malnourishment and through generating awareness among mothers and distributing nutritious mixtures made a remarkable change in the physical and mental well-being of the undernourished children.
- With an intention to protect the environment and improve the school health sanitation RLHP selected children from 20 schools and formed a green team.
- C3 95% of the school children are maintaining personal hygiene through the training programmes and awareness
- More than 300 children started kitchen gardening at their homes.

Prajwal a 3.7 year-old child resides in Hosalli village with his parents. The child was identified during the field visit by the RLHP team members. He was physically weak. While the child's weight should have been 15.5 Kg at his age, he was weighing 3 kg lesser as per the initial assessment. The family was not aware of the need of nutritious food. . Followed by the identification, the team oriented the family on nutritious food and its requirement for the physical and mental wellbeing of the child and also the RLHP distributed Raagi mixed food and Egg and followed up regularly over time. At present, Prajwal eats more nutritious food and is physically more active. He has gained around 2.9 kg after the intervention. His parents are providing more nutritious mixtures and food for the child and are very much happy with the improvement

## F. RELIEF AND RECOVERY SUPPORT TO THE FLOOD AFFECTED AREAS

The southern state of India, Kerala has experienced the worst ever floods in the century during the mid of 2018. Torrential rain ravaged the state, causing floods and landslides in all 14 districts. According to the state government findings, around 5.4 million people were affected and nearly 433 people lost their lives. RLHP team too is concerned about the disaster and the struggles of the inhabitants. Therefore, we stepped into Kerala at Wayanad and Alleppy district for the first time



to offer a helping hand for the people for immediate recovery from the disaster. The project from November 2018 to June 2019 supported the victims of the calamity with different types of relief and rehabilitation programmes. During the months of April 2019 to June 2019 the project extended livelihood opportunities such as Cash for Work, vocational training programme for youths, rehabilitation of five community rainwater harvesting structures, 20 public water stand posts, distributed 250 water storage containers, completion of household toilets, school's toilet and WASH facilities, Kitchen utensils and chickens for women headed families, and drinking water units for schools and anganwadies.

Along with this, considering the child development as a prime concern, RLHP supported Panchayath members, anganwadi teachers and school teachers through different training programmes on Child rights and development. Children from the flood affected areas were also supported with play materials for anganwadi children, psycho social support, drawing campaigns etc.

#### a) SPREAD OF COVID 19

Presently, the whole world is undergoing widespread attack of a virus pandemic called COVID 19 since December 2019. The whole universe is on a bid to stride away from the deadly viral pandemic. Now, the number of positive cases is increasing in India, Karnataka State being no less. A few deaths are also reported followed by the viral attack. The central government of India has announced a country lockdown recently and people are forced to remain indoors as a precaution against the pandemic. As most of the inhabitants are working in unorganized sectors, there is also a sign of losing people's employment due to the crisis. Presently, it would be quite difficult to support the community directly and RLHP cannot meet them in person, therefore, presently, RLHP is scheduling different indirect strategies to reach the community and to address their needs, moreover, making the staffs capable to support the families especially their children during the crisis through psycho social support, motivation and counselling.

## **G. STAFF DEVELOPMENT**

The effectiveness of all the interventions of RLHP has been largely possible with the commitment and quality performance of the staff. RLHP is always concerned about the development of staff and quality of their involvement in the long run. During this reporting period, eight different trainings were conducted on the Capacity building on Documentation, SGD, Child and women development, Human Resource Development training, leadership and personal development, government schemes and policies such as Sanjiveeni scheme, MGNREGA, 73rd amendment, Counseling etc. Apart from this, the monthly staff review meetings enhanced the team to make effective changes in the way of implementation and which motivate them to push



themselves harder for the best. Also, the annual appraisal encouraged the staff members to reorient their goals, objectives and plan with new insights

## H. NETWORKING AND ADVOCACY



RLHP continues the networking with likeminded organization such as CACL, Mythri, Fevord-K etc. and actively participating in network meetings at various levels in the state; CACL, PAFRE, MYTHRI, FEVORD-K SDMC state level forum and Karnatka Mahila dowrjnya virodyokkota. This strong collaboration helped the organization to update itself with recent development and changes.





#### **I. CONCLUSION**

RLHP has left one more productive year behind which dispense immense satisfaction with the changed lives of the beneficiaries. During this reporting year, many of the children who were rescued from the streets found shelter and security through RLHP. The changed lives of women is the major impact made by the team during last year They started involving in resolving the community issues by addressing and follow-up by themselves. Apart from this, RLHP continued the supporting hands into the lives of migrant families and their children, opening of temporary schools for the migrant children at the destination area was a unique intervention of RLHP.

The completion of flood recovery support project has successfully reached the most deserving families from the flood affected areas and RLHP is so glad to know that the victims of the calamity have restarted their lives as they had in the pre flooded period. However, this year also the whole world is witnessing another calamity in the form a viral attack called COVID 19. The crisis made it impossible for RLHP to reach the community directly and forced the people to remain indoors. Presently, our team is planning different indirect strategies to support our inhabitants.

I take this opportunity to thank all our funding partners, individual donors, well-wishers and board members for the immense support and encouragement rendered during our intervention, without their support, it would have been difficult to achieve these heights. I am also grateful to the RLHP team members for making us proud with their hard work and efforts. The development in the community as well as the empowered lives of people have added more fuel to the organization to organize similar initiatives in the future.

> Mrs. Saraswathi, Director, RLHP

























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